

CARE PLAN EXAMPLES OF HOW TO INTEGRATE GPPs

This tool gives examples of how resident goals may be integrated into their care plan, the interventions that could address desired goals, and what ideal outcomes would be.

Goal	Intervention	Outcome (in resident's own words)
Resident wants to start each day with newspaper and coffee.	<p>Social worker will work with resident's family to ensure she has a subscription to the daily paper.</p> <p>Night shift CNA will get resident a cup of coffee from the kitchen before the end of the shift.</p> <p>OR</p> <p>Night shift CNA will prepare resident a cup of coffee in the unit Keurig before the end of the shift.</p>	I will be satisfied with my daily routine.
Resident wants to be able to transfer in/out of a car to be able to attend her grandson's wedding in October.	<p>PT/OT referral.</p> <p>CNA to assist resident with daily exercises as instructed by PT/OT.</p> <p>SW to work with resident's family to determine what vehicles are available to transport resident.</p> <p>Family will identify who will assist resident on wedding day and that person will work with PT/OT to learn safe transfer techniques.</p>	I will attend my grandson's wedding.



Goal	Intervention	Outcome (in resident's own words)
Resident wants to remain connected to St. Abigail's Church where she has attended since 1985	<p>Activities will contact St. Abigail's to determine if they have visitors available to come to NH</p> <p>PT/OT referral to determine the safest way for resident to travel to church services once a month.</p> <p>SW to determine if St. Abigail's livestreams their services and work with family to help resident acquire device to use to connect to service.</p>	<p>I will connect with someone from St. Abigail's at least once per week.</p> <p>I will express satisfaction with the level of engagement with St. Abigail's church.</p>
Resident is at risk for falling due to an unsteady gait.	<p>Make sure that her call bell is always within reach when in her room.</p> <p>At times the resident's knees and legs start hurting. This causes her to become unsteady on her feet. Please remind her to rest and ask for assistance while walking if needed.</p> <p>Follow fall protocols.</p> <p>Please ensure resident has proper footwear that fit her and are comfortable.</p>	<p>I will be free of falls with major injury through my next review date.</p>



Goal	Intervention	Outcome (in resident's own words)
Resident wants to manage pain in her knees and lower legs.	<p>Remind resident to take breaks by relaxing and putting her feet up in the recliner.</p> <p>When in pain, engage resident in an activity that she enjoys such as praying the rosary or looking out her window.</p> <p>Notify physician if resident has changes in pain, ineffective pain control or new onset of pain.</p> <p>Staff will evaluate resident's pain level each shift and document.</p> <p>Administer pain medications as ordered by physician. Monitor for adverse reactions. Notify my physician as needed of adverse reactions.</p>	My pain will be controlled and remain at or below pain goal of 4.

