#### MINI CARE PLAN TEMPLATE AND EXAMPLE

This tool gives examples of how information about a resident's GPPs may be documented in a mini-care plan ( used by CNAs and other direct care team members). Reminders and notes may be particularly helpful in communicating resident GPPs.

TEMPLATE	
ROOM#:	
Insert Resident picture	Resident Name  Diet:  Transfers:  Night Checks:
Assistive Devices	
Cognition	
Favorite Foods	
Bathing Preferences	
Using the Toilet	
Quality of Life Information	
Last Updated:	



#### **EXAMPLES**

#### ROOM#:



# **Sally Miller**

#### **Diet:**

Smooth pureed and nectar thick liquids with pills only.

#### **Transfers:**

Handheld assist with all transfers.

## **Night Checks:**

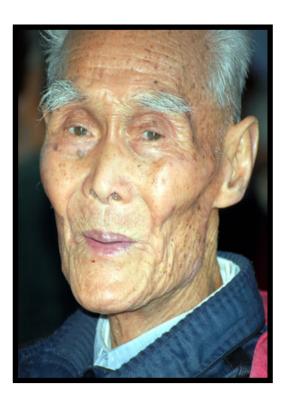
- Motion sensor in place
- Wears pull-ups
- 1 person assist
- Offer help to the toilet and/or check and change if noted to be awake during HS hours.

Assistive Devices	<ul><li>Glasses</li><li>Dentures</li></ul>
Cognition	<ul><li>Alert and oriented to self</li><li>Engages in conversation easily</li></ul>
Favorite Foods	<ul><li>Loves soda</li><li>Enjoys ice cream</li></ul>
Bathing Preferences	Likes a bath in the evening or early morning
Using the Toilet	<ul> <li>Incontinent of bladder, at times</li> <li>Continent of bowel; occasionally does not always make it to the bathroom in time</li> <li>Needs assistance with peri-care</li> <li>Wears large pull-up briefs</li> </ul>
Quality of Life Information	<ul> <li>She enjoys visiting with her sister, Mae</li> <li>Enjoys reading the Bible</li> <li>Enjoys watching the Price is Right</li> </ul>



#### **EXAMPLES**

#### ROOM#:



# **Wan Chen**

#### **Diet:**

Regular Diet

#### **Transfers:**

Stand by assist

## **Night Checks:**

- Wears pull-ups
- 1 person assist
- Offer help to the toilet and/or check and change if noted to be awake during HS hours..

Assistive Devices	• Glasses
	Walker
	<ul> <li>Walks with stand-by assist; is very slow with transfers so be patient and leave for activities promptly</li> </ul>
	<ul> <li>Wears Ted hose on in the AM and off at HS</li> </ul>
Cognition	<ul> <li>Alert and oriented to self</li> </ul>
	<ul> <li>Engages in conversation easily</li> </ul>
Favorite Foods	<ul> <li>Enjoys ice cream and candy</li> </ul>
	<ul> <li>Eats rice with all lunch and dinner meals</li> </ul>
Bathing Preferences	Please offer Wan a bath daily
Using the Toilet	Continent of bladder and bowel
	Large pull-ups
Quality of Life Information	<ul> <li>Enjoys visiting with other residents in the dining room area</li> </ul>
	<ul> <li>Do not touch Wan on the top of the head unless bathing or assisting with care where it is required.</li> <li>It is a part of his culture. The head is considered sacred.</li> </ul>

