

**MINI CARE PLAN TEMPLATE AND EXAMPLE**

This tool gives examples of how information about a resident’s GPPs may be documented in a mini-care plan ( used by CNAs and other direct care team members). Reminders and notes may be particularly helpful in communicating resident GPPs.

**TEMPLATE**

ROOM#: \_\_\_\_\_



**Resident Name** \_\_\_\_\_

**Diet:** \_\_\_\_\_

**Transfers:** \_\_\_\_\_

**Night Checks:** \_\_\_\_\_

Assistive Devices	
Cognition	
Favorite Foods	
Bathing Preferences	
Using the Toilet	
Quality of Life Information	

**Last Updated:** \_\_\_\_\_



## EXAMPLES

ROOM#:



### Sally Miller

**Diet:**

Smooth pureed and nectar thick liquids with pills only.

**Transfers:**

Handheld assist with all transfers.

**Night Checks:**

- Motion sensor in place
- Wears pull-ups
- 1 person assist
- Offer help to the toilet and/or check and change if noted to be awake during HS hours.

Assistive Devices	<ul style="list-style-type: none"><li>• Glasses</li><li>• Dentures</li></ul>
Cognition	<ul style="list-style-type: none"><li>• Alert and oriented to self</li><li>• Engages in conversation easily</li></ul>
Favorite Foods	<ul style="list-style-type: none"><li>• Loves soda</li><li>• Enjoys ice cream</li></ul>
Bathing Preferences	<ul style="list-style-type: none"><li>• Likes a bath in the evening or early morning</li></ul>
Using the Toilet	<ul style="list-style-type: none"><li>• Incontinent of bladder, at times</li><li>• Continent of bowel; occasionally does not always make it to the bathroom in time</li><li>• Needs assistance with peri-care</li><li>• Wears large pull-up briefs</li></ul>
Quality of Life Information	<ul style="list-style-type: none"><li>• She enjoys visiting with her sister, Mae</li><li>• Enjoys reading the Bible</li><li>• Enjoys watching the Price is Right</li></ul>



## EXAMPLES

ROOM#:



### Wan Chen

**Diet:**

Regular Diet

**Transfers:**

Stand by assist

**Night Checks:**

- Wears pull-ups
- 1 person assist
- Offer help to the toilet and/or check and change if noted to be awake during HS hours..

Assistive Devices	<ul style="list-style-type: none"><li>• Glasses</li><li>• Walker</li><li>• Walks with stand-by assist; is very slow with transfers so be patient and leave for activities promptly</li><li>• Wears Ted hose on in the AM and off at HS</li></ul>
Cognition	<ul style="list-style-type: none"><li>• Alert and oriented to self</li><li>• Engages in conversation easily</li></ul>
Favorite Foods	<ul style="list-style-type: none"><li>• Enjoys ice cream and candy</li><li>• Eats rice with all lunch and dinner meals</li></ul>
Bathing Preferences	<ul style="list-style-type: none"><li>• Please offer Wan a bath daily</li></ul>
Using the Toilet	<ul style="list-style-type: none"><li>• Continent of bladder and bowel</li><li>• Large pull-ups</li></ul>
Quality of Life Information	<ul style="list-style-type: none"><li>• Enjoys visiting with other residents in the dining room area</li><li>• Do not touch Wan on the top of the head unless bathing or assisting with care where it is required. It is a part of his culture. The head is considered sacred.</li></ul>

