

ASSESSMENT TOOL FOR DIRECT CAREGIVERS: THEIR CHOICE, YOUR VOICE WORKSHEET TEMPLATE

This tool may be used to guide CNAs through conversations with residents about their goals, preferences, and priorities related to the resident's daily life and care. This tool can help CNAs get to know residents well.

"Their Choice, Your Voice" Care Plan Information Gathering Worksheet

Resident's Name: _____

Date of Care Plan: _____

CNA Attending the Care Plan: _____

	Are you seeing verbal or physical expressions of frustration, fear and anger? Give examples.	What makes me happy? What makes me unhappy?	What is the best time of day to engage me? What are my best and worst times of day?	Is it taking more time for me to participate in ADLs with caregivers? Give examples.	Am I experiencing any challenges participating in things or activities I want to do? If so, what? Why?
CNA 1 (Daytime)					
CNA 2 (Evening)					



CNA 3 (Over-night)					
	Are there things you think I might want to do if I had more help or more time?	What makes my dining experience go well? Not go well? What tips have you picked up on that help?	What changes have you seen with my appetite?	What makes my sleep experience go well? Not go well? What tips have you picked up on that help?	What is my preferred rest period?
CNA 1					
CNA 2					
CNA 3					



	What makes my bathing experience go well? Not go well? What tips have you picked up on that help?	What have you noticed makes me feel comforted or secure? What makes me nervous?	What changes have you seen when I move about the home (ambulation)?	What changes have you seen in the amount or kind of pain I am having?	What changes have you seen with my skin?
CNA 1					
CNA 2					
CNA 3					



	Have you noticed that I seem bored? Lonely? Useless? Provide examples. Are there things that you have noticed help during these times?	Does this individual have a hard time communicating? What have you found to be the best way to communicate with me?	Ask the resident the following two questions and record their responses.	Resident question: If I were caring for you in your home, are there things that you would be doing there that you aren't doing here? What?	Resident question: What is a good day for you? How do you find meaning or purpose in your day?
CNA 1					
CNA 2					
CNA 3					

Top three items my caregivers need to know about me.

